

Break the language barrier with Vicki Riley

LESSON 4 – Going to the doctors

Hola!!!

How did you get on with the questions in lesson 3? Here they are again with the answers:

- 1. Quiero medio kilo de patatas y dos manzanas.- I want half a kilo of potatoes and 2 apples.**
- 2. ¿Hay carne picada?- Is there any mince?**
- 3. ¿Cuánto cuesta una botella de leche? How much does a bottle of milk cost?**
- 4. ¿Cuánto cuestan un kilo de tomates, un pepino, y medio kilo de champiñones? How much for a kilo of tomatoes, a cucumber, and half a kilo of mushrooms.**
- 5. Póngame tres bolsas por favor.- Give me 3 bags please.**
- 6. ¿Dónde están las cestas?- Where are the baskets?**

As always, give yourself an extra point if you got them all right!!!

Lots of people ask me for medical words that will help them at the doctors etc.

If you need to see a doctor for a serious complaint, results of tests etc or anything more complex I would always recommend that you use an interpreter. However, for routine check ups or repeat prescriptions I know it can be costly and inconvenient to always have to rely on an interpreter. Of course better still would be to learn Spanish fluently enough yourself to cope in any situation, so maybe an E course might be suitable!! In an E course I can teach you to build your own sentences rather than rely on phrases that can catch you out if the appropriate situation doesn't arise.

There is no doubt that the Ex Pat population here in Spain is, how can I say tactfully, on the mature side, so due to the unfortunate fact that as we get older things start to need a bit of fine tuning, it is more than likely that at some time or another we will all need to visit the doctor.

So, if you aren't fluent yet, in the meantime, this week I thought I would concentrate on some useful words and phrases that might help you. Always plan your visits by taking things you might need to say written down in case you can't make yourself understood orally. It helps to learn the alphabet so you can spell out your name etc.

- (La) cita-** (thee-ta)-appointment
- (La) receta-** (reh-theh-ta)-prescription
- (Las) pastillas-** (pas-tee-yas)- tablets
- (Las) gotas-**(goh-tas)-drops
- (La) erupción-** (eh-rup-thee-on)- rash

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(La) fiebre-(fee-eh-breh)-temperature

(El/la) médico/a-(meh-dee-ko)-the doctor

(El dolor)-(doh-lor)-pain

Mañana-(man-yah-na)-tomorrow/morning

(La) semana que viene- (seh-man-ah kay bee-eh-ne)-next week

Tengo- (ten-go)-I have

(La) pierna-(pee-er-na)- leg

(El) brazo-(brah-tho)-arm

(El) ojo-(oh-ko)-eye

(La) mano-(mah-no)-hand

(El) dedo-(deh-doh)-finger

Quiero-(kee-er-oh)- I want

Me mareo- (meh mah-reh-oh)-I´m dizzy

Necesito-(neth-eh-thee-toh)-I need

(La) cabeza-(kah-beh-tha)- head

Try translating these sentences into Spanish

1. I want an appointment tomorrow.
2. I have a pain in my arm
3. I have a temperature.
4. I need a prescription.
5. I need drops for my eyes
6. I have a rash on my leg
7. I need an appointment for next week.
8. I´m dizzy and I have a pain in my head

Answers next time.

If you have any questions, please contact me at info@elprincipecentre.com.

Happy practising!!!!!!!!!!!!